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300 Best Potato Recipes: A Complete Cook's Guide



Synopsis

The humble potato is a culinary powerhouse and inspires adventurous and tantalizing fare. A "desert island" vegetable if ever there was one, the potato appeals to all of us, whether in the form of traditional comfort dishes or in the guise of the new and exotic. Versatile, nutritious, inexpensive and unfailingly delicious, no other vegetable, and few foods in general, can make those claims. These are just some of the delicious possibilities that the humble potato offers in this wide and varied assortment of recipes: Classic mash de luxe Garlic roasties with rosemary Real English chips Gnocchi-roni and cheese Saffron potato cakes All-American potato pancakes Sweet potato-crusting shrimp East Coast chowder Creole potato salad French potato galette Fennel, potato and white bean stew Potato lasagna Oyster pie with top mash Sweet potato gnocchi Mennonite country potato doughnuts Potato fudge. Appetizers and snacks, soups and salads, side dishes, main courses, hearty vegetarian main dishes, baked goods and desserts make up this vast and colorful collection of recipes. The author also includes a complete history and origins of potatoes as well as a comprehensive chapter that covers hundreds of potato varieties.

Book Information

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Customer Reviews

Bought because I really wanted to learn what to do with potatoes instead of the same old mashed potatoes or baked â.and it is okay, but wish they hadn't included all the dessert recipes and had focused on the appetizers and meals.

I love love love potatoes ... especially red potatoes!So how could I resist a cookbook of recipes of

potatoes??!!The book begins with an introduction of the author and her family's love of potatoes. Then comes the history of potatoes ... did you know that as early as 750BC, the Incas were cultivating this new food source? There is also a lesson about buying and cooking potatoes and growing your own. There are 400 to 500 varieties of potatoes in active production around the world and there are 20 pages describing them (what kind, where available, uses, etc.)!And then comes the best part ... the recipes!* Top twenty classics* A bowl of soup* Salads* Appetizers* Snacks, small plates & light meals* Sensational spuds on the side* Main courses with meat, poultry, fish & seafood* Vegetarian mains to satisfy* Breads, biscuits, scones, griddle cakes & more* Desserts & confectionsWith each recipe (which look easy to follow), there is a description, the amount of servings and tips. What's missing, though, is the nutritional content ... it would be nice to know the calories, fibre, etc.

After feeling like my improv was in a rut, I picked this book up after it was recommended to me. All I can say is Sloan-McIntosh is a improv genius. Some of her points really resonated with me. You might start out with a boring potato, but there is limitless possibilities - fries, latkes, wedge fries - the list goes on and on. So with an audience get, you might start out with something bland and boring, but soon you and your audience will be dining on delicious, delicious scalloped potatoes.

The ultimate potato lovers cookbook with everything you ever wanted to know about every kind of potato in existence!

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